

bilbette®

USER GUIDE

BREAST TAPE

A modern brand specializing in lingerie solutions for special tasks and more!



ABOUT US



BRA-FITTING

For years, we have been experts in the lingerie industry, we are internationally qualified in bra-fitting, we hold trademarks and dermatological certificates for all our glue-based body products. Our solutions had been tested and worn by many women of various shapes and sizes, which allowed us to design the best solutions possible.

Our underwear just works - we have dressed women for years. As a brand run by women, we understand the needs of other women best.

#billetteoriginal

STYLE BB25

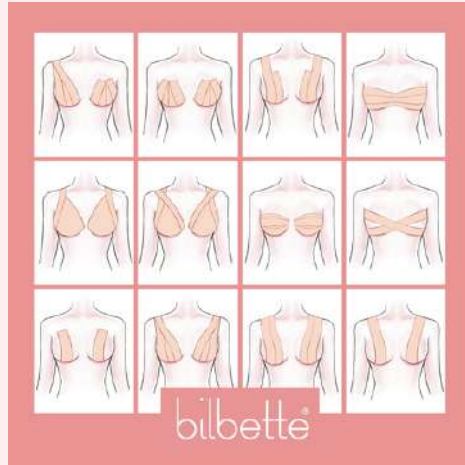


LUXURY BOOB TAPE

It is our bestseller for lifting and shaping all breasts, especially the very large ones or breasts with high asymmetry. This product is sweat and water proof.

Perform a sensitivity test before use by applying the "patch test" to the collarbones area. Wear 24h. If irritation occurs, do not wear the product.

In the package you will find protective nipple covers, a 'test patch', a brochure, and a 5m of breast tape. Start with the preparation of the body - it must be oil free.



APPLICATION

12 METHODS

SKIN PREPARATION

Wash your skin with water and shower gel, or the soap you use for your daily wash. Remember, however, that the skin must not be oily to attach to the tape - oils, lotions and butters prevent the glue from sticking well. Avoid oil-based wash products. After washing, wait 1 hour before applying the tape.

If your skin tends to be oily, wipe your body with cosmetic alcohol and let it dry. If you have sensitive skin, you should not use the cosmetic alcohol.

DON'T OVER STRETCH THE TAPE

Our tape is very stretchy, but the stretch is not for application! Stretch allows the tape to move with you and support the weight of your breasts.

During application, always support the weight of the breast with one hand and stick the tape on with the other. Do not let go, then stretch slightly and pull the tape up to lift the breast.

There is no need to pull the tape over the shoulder or towards the collarbone for small breasts. The tape must adhere to the fleshier part of the breast tissue. The tape should be directed to the area of the body where the skin is not very thin, e.g. avoid the center of the chest or neck as much as possible. The most common irritations occur here. Our tape is breathable and allows sweat and air to circulate. Overlaying the strips of tape can overheat the skin and prevent perspiration, which can lead to water blistering. Apply tape next to the previously applied non-overlapping layer.





CALSSICAL APPLICATION UPWARDS

Prepare the nipple covers and stick them on the delicate area of the nipples to protect them.

Prepare the Boob Tape - plan out the styling.

For classic over the breasts application (recommended for heavy breasts only), cut the pieces into:

- large breasts: 7-8 windows
- medium bust: 5-6 windows
- small bust: 3 windows

Test the length before cutting all the pieces. Remember that the tape is very stretchy. Start applying from the central part of the bust - lead the first piece of the tape from the base of the bust through the nipple (covered with the nipple cover), the direction should be to the outer part of the chest.

APPLICATION UNDER BREASTS



- Measure the distance between the left armpit and the right armpit in the lower chest. Apply nipple covers first.
- Cut two pieces of tape to fit your dimensions. This taping method is fairly simple, but you can always add more pieces of tape if your breasts need more support.
- Place one piece of tape on the side of one breast and across the chest. Tape one end of the tape under the armpit to the side of the breast, then thread the other end across the torso to the bottom of the opposite rib.
- This application is "X" shaped so the first piece of tape will be one of the intersecting lines.
- Repeat the previous step on the other side. This method of crossing your breasts together will provide a subtle lift, perfect for strapless and backless dresses.
- If you are wearing a backless dress, make sure the ends of the tape are not visible by cutting off any excess.
- This method protects a very sensitive thin part of the skin on the upper chest.
- For the sake of only lifting the bust, without collecting and covering it, you can use 2 pieces of tape and place them under the breasts as in the photo.



WEARING TIME

Our recommendation for safe use is to gradually increase the wearing time with each use.

Our tape once applied will remain in place until it is physically removed, so if you've never worn Bilbette before, we recommend wearing it for about 3-4 hours for the first time to get the tape accustomed to your skin.

If you've worn our tape before with no issues, we recommend a safe wear time of 8 hours.

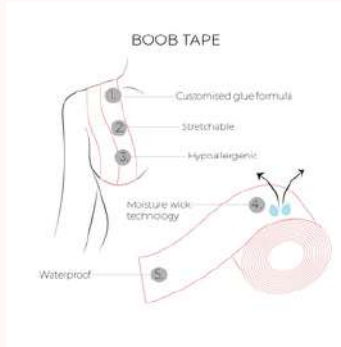
Aging skin can be prone to irritation as the outer layer of the skin (the epidermis) becomes thinner and loses its elasticity, so we recommend for ages 50+ to wear the tape for a limited time of 4 hours and then gradually increase the wear time.

ADDITIONAL INFORMATION



- The Boob Tape is for single use only.
- Applying should be done by gradually pulling the paper away from the tape. Do not remove the paper completely before sticking the straps to the body.
- If the tape has been applied incorrectly, do not peel it off and try to stick it on again - the strip will lose its adhesion. Throw it away and start over.
- If irritation occurs, remove the tape from the body immediately (directions below).
- Try not to cut the tape that is already attached to the body - this can cause protruding edges and abrasions to the skin by these edges when worn.
- A video with more information here: [YouTube](#)

AVOID HEAT AND SUN EXPOSURE



Our tape contains a heat activated adhesive that gently bonds to the skin as body temperature increases.

This is why our tape is so amazing at staying in place! However there is a risk of water blistering in environments with increasing body temperature. Bilbette breast tape is sweat resistant, which means sweat can evaporate, however if your skin is too hot, it produces even more sweat and cannot escape quickly enough due to the tape adhering to the skin, which can cause water bubbles to rise. This blister may break when the tape is removed.

We do not recommend sunbathing in the tapes or prolonged exposure to the sun.

REMOVAL



To remove the tape, use lotion, baby or coconut oil to moisten the tape and dissolve the adhesive, then start peeling off the bottom of the tape upwards very slowly. Do not tear the edges off without proper lubrication of the tape - the edges can irritate the skin the most when pulling it off. It is advisable to grease the edges of the tape with baby oil an hour before removing under a warm water shower / bath.

Gently pull up the tape to help release the strap from your skin. A well-prepared and oiled tape should come off the body by itself in the shower as shown in the photo on the left.

Redness may appear during the removal process, which will disappear after a few hours. It is quite normal. Apply a soothing lotion such as Aloe Vera after removing the tapes.

DISCLAIMER: Blisters and irritations

While the above only affects a very small number of users, we make sure that safety information is posted on our website and included with every package of our tape. We also include a disclaimer on our product listings under the product description to ensure full transparency of any risks associated with the use of adhesives on the skin. Please read this before using our breast tape. Adhesive tapes are very sticky and should be used with care. Especially on hot days and by users where the skin has not been taped before. Read all information to avoid skin injuries.

Bilbette Ltd cannot guarantee that users will be completely free from irritation, as skin sensitivity is a very individual matter, as well as the circumstances of use and styling/application on the breasts. Thus, a small percentage of users may experience blisters. This guide is intended to provide all the necessary information to help you avoid irritation. It is the circumstances of wearing or removing the tapes that may cause irritation, not the product itself. Bilbette boob tape is a high-class product with the use of a body-safe glue made in Germany. We also hold dermatological tests on the product.

THANK YOU

This user guide was prepared by a certified
Bilbette bra-fitter.

